

# well-being in the **healthcare** sector









All buildings dedicated to healthcare have the same primary aim: to take care of people's lives. This consideration plays a major role in the design, construction and use of these buildings, which must not only accommodate patients, but also act as an intelligent tool for those who devote their lives to taking care of others.

# New requirements for healthcare buildings

Hospitals, clinics, care homes and retirement homes... all these facilities must meet a whole range of requirements.

- > Thermal and visual comfort, to foster well-being and healthy conditions for patients, while providing the best possible working conditions for medical staff.
- > Buildings with high energy performance reduce the need for air conditioning and heating, which means lower consumption in terms of energy and natural resources.
- > A rapid return on investment as a result of energy savings and reduced maintenance costs.





### Somfy solutions for your projects

Somfy has developed intelligent solutions for the operation of building openings and sun protection devices. These systems improve comfort for occupants while also reducing energy costs. In this way, **Somfy contributes to the development of bioclimatic façades** for all types of buildings, regardless of function or architecture.

### Bioclimatic façades

- The façade is the building's envelope, and acts as the interface between interior and exterior, and between the natural and built environments.
- Outside, climate conditions vary according to the seasons, the weather and changes in daylight hours.
- Inside, conditions must remain as stable and as comfortable as possible for all occupants, based on their activities, needs and preferences.
- The bioclimatic façade is a living membrane that continuously adapts to changes in the weather, and to occupants' changing needs.

- 1 / NATIONAL UNIVERSITY HOSPITAL SINGAPORE Client: NUH Singapore Architect/interior designer: DP Architect Date: 2010
- 2 / HOSPITAL JEAN BERNARD VALENCIENNES, FRANCE Client: Hospital Valenciennes Architect/interior designer: Groupe 6 Date: 2010
- 3 / HOSPITAL SAMARITANO SAO PAULO, BRAZIL Client: Hospital Samaritano Architect/interior designer: Botti Rubin Date: 2009
- 4 / BARTS HOSPITAL LONDON, UNITED KINGDOM Client: National Health trust Architect/interior designer: HOK Date: 2010
- 5 / HONG KONG SANATORIUM & HOSPITAL DELUXE WARDS HONG KONG Client: National Hong Kong Sanatorium & Hospital Architect/interior designer: Cristalla Designs & Contracting Ltd Date: 2008





### Taking care of everyone's well-being

"Natural lighting reduces depression among patients and improves sleep and heart rhythm, which in turn reduces restlessness, relieves pain and improves working conditions for staff" (*Doctor Anjali Joseph, Center for Health Design, 2008*)

### Adapt to meet individual needs

- Sun protection devices, managed by Somfy control systems, work to adapt the building to the activities of each of its occupants.
- Patients and healthcare personnel alike benefit from better conditions.



### Improve thermal and visual comfort for patients

- The well-being of occupants, however long their stay in hospital, is an absolute priority, especially as increased thermal and visual comfort can have a positive influence on their health.
- Using Somfy control systems, patients can manage their own sun protection devices without moving from their bed, and without disturbing anyone else, in order to:
  - > filter natural light,
  - > protect their privacy,
  - > stay in control of their comfort at all times by overriding the automatic systems.



### Help healthcare personnel to work in the best possible conditions

- To ensure optimum availability, each and every member of staff must be able to give the best of themselves in an environment conducive to care.
- By combining weather sensors, timers and centralized controls, Somfy solutions assist personnel by:
  - provide visual comfort they need to work effectively (e.g. for examining an X-ray on a viewing screen),
  - > eliminate repetitive tasks, such as lowering awnings across a floor of a care home or retirement home when the sun is too bright.





### Ensuring the building's performance

"Healthcare establishments use 3 to 5 times more "energy" than the average commercial building." *(Source IEA, 2008)* 

### Save energy

- Today, thanks to Dynamic Insulation™\*, we can save energy without compromising the comfort of patients and healthcare personnel.
- The sensors and automatic devices used in Somfy solutions reduce energy consumption:
  - > by prioritizing the use of natural light,
  - by limiting energy leakage from indoors in winter,
  - > by reducing the amount of solar heat absorbed in summer.

### **Ensure profitable investments**

- Ensuring profitability is a major requirement for healthcare establishments.
- Somfy's centralized automation solutions are easy to integrate and operate, and help ensure a rapid return on investment:
- > decrease healthcare expenditures: patients who benefit from greater comfort take fewer painkillers (22% less according to Impact of Light) and are hospitalized for noticeably shorter periods,
- > by reducing the number of manual interventions required, and therefore also the building's running costs.

\*Thanks to Dynamic Insulation™ by Somfy, sun protection devices react automatically to outdoor climate conditions in order to reduce energy consumption and enable occupants to gain maximum benefit from the sun's natural heat.

### Energy savings with automated sun protection devices

According to simulation tool created by Lund University in Sweden, an investment of 1% to 2% of the total cost of the building results in energy savings of 20% to 40% (see table below).

	Electricity consumption (annual)	Cooling load Reduction (in Watt)	Total savings on consumption (annual)
PARIS	Reduced by 39.6%	Reduced by 39.7%	at price of € 0,11 kWh:
(France)	(743 kWh compare to 1.231 kWh)	(1.390 W compare to 2.306 W)	€ 53,68
SAO PAULO	Reduced by 28.52%	Reduced by 38.53%	at price of R\$ 0.3 kWh:
(Brazil)	(1759 kWh compare to 2461 kWh)	(1822 W compare to 2964 W)	R\$ 210.6
BARCELONA	Reduced by 40.3%	Reduced by 42.05%	at price of € 0,14 kWh:
(Spain)	(1.604 kWh compare to 2.689 kWh)	(1.534 W compare to 2.647 W)	€ 151,90
STOCKHOLM	Reduced by 44.98%	Reduced by 43,95%	at price of € 0,15/kWh:
(Sweden)	(795 kWh compare to 1.445 kWh)	(1.227 W compare to 2.189 W)	€ 91

Simulation definition: A 25 m<sup>2</sup> patient room, with 7 m<sup>2</sup> window glass (double glazing Low-E except for Sao Paulo Double glazing, Façade wall U-Value: 0,33 W/m<sup>2</sup>K), representing 50% of the room façade section, south oriented. Sun protection device is an internal grey PVC. The comparison is made between sun protection device and no sun protection device, depending on light level considering 1 person occupying the room, equipped with 250 W artificial lighting (detailed analysis available on demand).

### Extend buildings' lifespans

- Managing expenses is a key concern.
  Equipment installed must therefore anticipate future changes in order to enhance the building's lifetime.
- The high-quality design and manufacture of Somfy solutions mean that buildings fitted with these solutions ensure years of efficient service:
  - weather sensors automatically lift awnings in order to protect them from storms, reducing maintenance costs,
  - > the motors fitted ensure gentle movements that extend the life of blinds,
  - > centralization systems can be easily adapted to meet changes in regulations.



### LEED CERTIFICATION

Somfy solutions can contribute up to 20% obtaining LEED certification (approximately 20 out of 110 points and 10 criteria). They are also conducive to achieving the higher classification levels (Silver, Gold or Platinum). Somfy's responsible, economical and environmentally friendly solutions are often sought for use in LEED buildings.

### A solution adapted to each project



perfect match for the needs and restrictions of the Healthcare sector.

You can anticipate requirements using timer programs, delegate to automatic sensors or let occupants make the decisions using

to be managed), the type of management or maintenance system,

the desired functions and the price.

### **Building management system**

Sun-protection management systems with the animeo range (available in LON, KNX, Premium). Sensor parameters, zone-based control, supervision, etc.





#### Outdoor sun protection: **Roller shutter**

- Motor: Oximo
- Local control: Smoove

#### Indoor sun protection: Black-out roller blind

- Motor: Sonesse
- Local control: Smoove
- + RS485 transmitter control (touch panel: to control lighting, projection screen, blinds, etc.)









Outdoor sun protection:

- Motor: Altea

- Local control: Smoove







### **L** Entrance hall / Corridor

### Outdoor sun protection: Screen

- Motor : Altea
- Local control: Smoove

#### Indoor sun protection Roller blind

- Motor: Sonesse
- Local control: Smoove



### Patient's room 🔰

#### Outdoor sun protection: External Venitian blind

• Motor: J4

• Local control: Telis Modulis

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#### Indoor sun protection: Curtain

- Motor: Glydea
- Local control: Smoove O/C
- + Dedicated special remote control





- Motor: Sonesse

- Local control: Smoove



- Motor: Glydea - Local control: Smoove



#### Outdoor sun protection: External Venitian blind

- Motor: J4
- Local control: Telis Modulis

### Indoor sun protection: Black-out roller blind

- Motor: Sonesse
- Local control: Smoove

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Somfy operates in 54 countries, with 68 subsidiaries, 51 offices and branches spread across 5 continents.

With 7 production centers, Somfy has effective, responsive manufacturing facilities.

Thanks to its strict quality standards, Somfy is able to satisfy the needs of 270 million users and 32,000 business clients worldwide.

## SOLUTIONS FOR BIOCLIMATIC FAÇADES

